

The Constraint Induced Movement Therapy (CIMT) camp at Crossway Pediatric Therapy has been taking place annually since 2009. We use an evidence-based practice to address neuromotor involvement. In addition to summer CIMT camp, Crossway also offers intensive CIMT for children 1-1 outside of camp. We use evidence-based contemporary approaches to treat neuromotor involvement hemiparesis secondary to stroke.

CIMT is the application of the restraint or cast to the less affected arm for 24 hours a day for 7 days a week for 90 hours coupled with therapy of shaping and no additional interventions. Crossway has demonstrated Pediatric CIMT or pCIMT can be effective with a smaller dosage and has created a program for only \$3000 for pCIMT. Pediatric constraint induced movement therapy of casting the less affected arm for 24 hours a day for 3-5 weeks for a total of 45-60 hours of therapy with the implementation of shaping and collective evidence-based practices for individual intensive therapy.

The family is typically involved during the intensives for the individualized or camp setting so that they can see what our practices are and can adopt them at home. It is also an excellent way to meet other families and other children. Some parents follow the child throughout the session and others volunteer to help with the camp to not distract their child. We also have parents that drop off and pick up. Any of the following is acceptable as long it yields the best therapeutic value.

Families who attend the CIMT intensives at for either camp or individualized intensives also see specialists such as the orthotist, physiatrist, or optometrist during his or her attendance hours to determine if there any additional treatments that could be effective to the total program.

The cost of the intensive is \$3000 for the three weeks of therapy, 3 hours a day for 15 days. At the end of the intensive, the child goes home with the day cast and home program so that hopefully the programming will continue at home.



CrosswayTherapy.com

**CIMT CAMP
INFORMATION
INSIDE!**



Crossway Pediatric Therapy
9129 Monroe Road, Suite 105
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**2019
CIMT CAMP
JUNE 10TH-28TH**



Crossway Pediatric Therapy
offers collective evidence
practices in combination with
pediatric CIMT.

CrosswayTherapy.com

General Information: Shelley A. Dean, OTD, OTR/L, Crossway team of therapists and special educator run the CIMT Camp. There are a preschool age group consisting of 2-4 yr. olds and an older group of 5-14yrs. old. You must be able to attend all 3 weeks of the camp in order to be accepted. This year we will only be accepting 12 campers. Application deadline is May 1, 2019. Please complete: [CIMT Log](#), [Registration Form](#), [Waiver Form](#) & [Parent Consent for Treatment Form](#) found on our website: [CrosswayTherapy.com](#)

NOW Registering for CIMT Camp 2019
Complete registration online at: [CrosswayTherapy.com](#)

**THEME BASED
CIMT DAILY SCHEDULE
"DISNEY"**

9:00 ARRIVAL, UNPACKING, STRETCHING, SHARING, SOCIAL SKILLS

9:30 ARTS & CRAFT

10:00 MAKE & EAT SNACK

10:30 PT EXPLORERS, GYM, GROSS MOTOR

11:30 STORIES & MUSIC

12:00 LUNCH & COMMUNICATION SKILLS

12:30 MUSIC AND MOVEMENT

1:00 SMALL & FINE MOTOR ACTIVITIES

2:00 DISMISSAL

*****MUSIC THERAPIST AND AN ICE CREAM TRUCK COME EACH WEEK!**



Parent Information

Camp starts at 9:00am. Please walk your child to the front office lobby. We will greet your child there when they arrive. Pick-up time is 2:00. We will meet in the front office for dismissal.

Items to bring every day

Backpack
Water Bottle
Lunch (no nut products)

***please label all items



CIMT CAMP 2019

Dates: June 10th – 28th

Time: 9:00 – 2:00PM

Pricing: \$3000

Cost Includes:

- One hour of Occupational Therapy and One hour of Physical Therapy daily
- Five hours CIMT (restraint of the less affected side)
- One volunteer assigned to each child
- Evidence based practice for the treatment of hemiplegia secondary to perinatal/pediatric stroke

***Insurance may be billed if verified prior to camp start date. We accept all insurance companies and are in-network with most including NC Medicaid.



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